

NATURAL MANICURES & PEDICURES

Revitalize your hands and feet using natural products and therapeutic techniques from Aveda. Nail services include an aroma sensory experience, light neck massage and your choice of polish.

Elemental Nature Spa Manicure \$16

This customized treatment is based on the needs of your hands and includes maintenance of the nails, exfoliation, masque therapy, massage and the soothing use of hot stones.

Elemental Nature Spa Pedicure \$30

This customized treatment is based on the needs of your feet and includes maintenance of the nails, exfoliation, masque therapy, massage and the soothing use of hot stones.

Chair Side Essential Manicure \$12

While receiving a hair color or texture service, experience convenience with the Chair Side Essential Manicure which includes maintenance of the nails and a soothing massage.

Polish Exchange \$5

This 15 minute service includes light nail shaping and application of polish.

Nail Repair (per nail) \$2

GUEST SATISFACTION STANDARD

In the educational process, guest satisfaction is our ultimate goal. Aveda Fredric's Institute supports the integrity of the services we provide, and services are non-refundable. In the unlikely event of a service challenge, you must notify us within 48 hours of your service, and allow us the opportunity to correct the service within 14 days.



COMMITMENT TO EDUCATION CANCELLATION STANDARD

- We understand that sometimes you need to change your schedule. We kindly ask that you give us a minimum 24 hour notice if you must cancel your appointment. If the 24 hour notice* is not given we reserve the right to withhold booking of any future appointments.
**except in the event of an emergency.*
- Due to State Board of Cosmetology regulations, only guests receiving services are permitted in the student salon.
- You make a difference. **Tips are not expected or accepted.** If you wish, in lieu of tips, you may donate to our student education fund and ongoing efforts to raise money for grass roots organizations.
- Students are supervised by licensed instructors while performing all services. Services are offered to women, men and children age 6 or older. An adult who is not receiving a service must accompany each child under the age of 12.

Visit our website for continuous information on upcoming events, product releases and enrollment information.

www.avedafredricsinstitute.com

CINCINNATI SERVICE AND RETAIL HOURS

Tue. - Fri. 9 a.m. to 5 p.m., Sat. 8:15 a.m. to 5 p.m.

PLEASE CALL TO RESERVE AN APPOINTMENT

local 513-533-0700 - option 1
toll free 877.AVEDA.ED (877.283.3233)
fax 513-533-0275
address 3654 Edwards Road, Cincinnati, OH 45208

INDIANAPOLIS SERVICE AND RETAIL HOURS

Retail Sun. 11 a.m. - 6 p.m., Mon. - Sat. 10 a.m. - 9 p.m.

Service Tue. - Fri. 9:15 a.m. - 5:30 p.m.

Sat. 8:15 a.m. - 5 p.m.

PLEASE CALL TO RESERVE AN APPOINTMENT

local 317-578-5500 - option 1
toll free 877.AVEDA.ED (877.283.3233)
fax 317-578-4500
address Castleton Square Mall, 6020 E. 82nd Street
Indianapolis, IN 46250

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Services and Prices are subject to change.

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hair • skin • nails • makeup
moments of wellness
put yourself in our hands



HAIR AND MAKEUP FOR
NORTH AMERICAN HAIRSTYLING AWARDS
2009 STUDENT HAIRSTYLIST OF THE YEAR CATEGORY
MEGAN ROBINSON
AVEDA FREDRIC'S INSTITUTE ALUMNI



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DEVELOPING FUTURE LEADERS IN THE WORLD OF BEAUTY AND WELLNESS™
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AVEDA HAIR SERVICES

At Aveda Fredric's Institute the guest experience is our highest priority. Hair services include; guest consultation, light neck and shoulder massage, relaxing shampoo, mini facial, blowdry finish and makeup touch up.

Haircut & Style	\$15/\$17
Shampoo & Style	\$10
Thermal Style with any Hair Service	\$10
Includes flat iron, curling iron or roller set finish.	
Upstyle/Special Occasion	\$30
Please arrive with clean, dry hair and a button down shirt.	

HAIR SERVICE ENHANCEMENTS *With any hair service.*

Damage Remedy™ Intensive Restructuring Treatment	\$3
Strengthen, repair, seal and smooth hair.	
Dry Remedy™ Moisturizing Treatment Masque	\$3
Deliver intense moisture to hair.	
Hair Detoxifying Treatment	\$15
Customized to gently remove buildup of pollutants, chlorine and environmental exposure.	

AVEDA HAIR SPA

Hair & Scalp Renewal Treatment	\$27
This treatment is an in-salon spa treatment with powerful results. It is a facial for your hair adding strength and moisture, whichever your hair needs most. The service begins with a scalp massage using a custom blend of aromatic essential oils that treat your scalp's condition while balancing your mood. Next, your hair is nourished with a Damage Remedy treatment while you are treated to a stress-relieving hand massage. The experience is complete with a mini-facial, blowdry finish and makeup touch up.	

A product charge of \$10 per application may be applied, considering the length and thickness of hair.

BRIDAL EXPERIENCE

Includes trial and wedding day. On your wedding day please arrive in a button down shirt.

Bridal Hair Style	\$40
Bridal Makeup Application	\$28

WELLNESS EXPERIENCE

Stress Relieving Experience (15 minutes)	\$15
This light neck, shoulder, head and back massage provides relaxation within a short time frame. It may be added to any service*, or try this small indulgence alone.	
*excluding hair color and hair texturizing services.	

AVEDA FULL SPECTRUM HAIR COLOR

Experience the difference with Aveda's naturally derived hair color. Aveda hair color was designed using the energy of plants to color the hair and meet the desires of each guest while creating and maintaining the shine, luster and condition of the hair. Color services include; relaxing shampoo, mini facial, blowdry finish, hand and arm massage, and makeup touch up.

All Over Color	
Short/Medium (above shoulder)	\$38
Long (shoulder and below)	\$43
Color Retouch (1/2" new growth or less)	\$28
Color Retouch & Refresh	\$33
Enlighten and Tone	\$45
Blonding from scalp to ends.	
Enlighten and Tone Retouch (1/2" new growth or less)	\$40

DIMENSIONAL COLOR (UP TO 2 COLORS)

Accent Highlights (crown)	\$25
Partial Foil	
Short/Medium (above shoulder)	\$36
Long (shoulder and below)	\$39
Full Foil	
Short/Medium (above shoulder)	\$45
Long (shoulder and below)	\$50
Artistic Design Panel (large panels)	\$35
Customized panels for creative color placement.	
Artistic Design Panel (small panels)	\$20
Customized panels for creative color placement.	
Toner	\$10
Custom Foil Placement	\$2 per foil
Aveda Hair Color Glossing Treatment	
Add additional shine to natural or color treated hair.	
With a Hair Service	\$12
Without a Hair Service	\$20

CORRECTIVE COLOR - upon consultation with instructor.

Color Cleansing	\$40
Tone Removal	\$15
Pre-Colorization	\$20

A product charge of \$10 per application may be applied to any hair color service considering the length and thickness of hair.

AVEDA RETEXTURIZING SYSTEMS

Create your style, with or without curl, add body, fullness, support, and shape – it's up to you. Aveda Permanent Waves using nature's technology reduce the need for harsh chemicals, eliminating post perm odors while locking in shine and condition. Texture services include; relaxing shampoo, mini facial, blowdry finish, hand and arm massage, and makeup touch up.

A product charge of \$10 per application may be applied, considering the length and thickness of hair.

Relaxer or Aveda Permanent Wave	
Partial (crown)	\$30
Short/Medium (above shoulder)	\$40
Long (shoulder and below)	\$50
Specialty Wraps	\$60
Select from root perm, spiral vertical, insertion wraps and mixed texture wraps.	
Relaxer Retouch (1/2" new growth or less)	\$30
Relaxer Retouch & Refresh	\$35

HAIR REMOVAL SERVICES

Hair Removal services are performed using Sugar or Plant Wax, both natural choices for hair removal. Services are performed hygienically within private surroundings and include a light neck massage.

eyebrow Design	\$12	Full Arm	\$28
Upper Lip	\$10	1/2 Arm	\$18
Chin	\$11	Underarm	\$18
Cheek	\$11	Bikini	\$25
Full Leg	\$37	Back	\$35
1/2 Leg	\$27	Chest	\$35

AVEDA MAKEUP

Aveda makeup offers refreshing pure plant infused colors for face, eyes, cheeks and lips to complement your natural beauty the way nature intended.

Makeup Application	\$15
Eyelash or Eyebrow Tint	\$12
Eyelash Enhancement	\$10
Artificial eyelash application.	